



American Heart Association®
life is why®

Healthy For Good™
Heart Walk®
CSRA



BUILDING HEALTHY HEARTS

2018 CSRA HEART WALK

««««« WORK BEGINS AT 8AM ON »»»»»

SATURDAY >>> MARCH 10

TWO THOUSAND EIGHTEEN

CSRAHEARTWALK.ORG



Life is Why is locally sponsored by:





How to Register for the Heart Walk



- 1 Go online to: www.csraheartwalk.org
- 2 Click Register to Join Heart Walk in the upper-right hand corner
- 3 Do you want to be a coach, join a team, or join as individual?

➔ COACH

- Click “Start a team”
- Select if you fundraised with the AHA before by selecting YES or NO.
If you select, “YES” you will be prompted to enter your password, if forgot your password from before, a password reset can be sent
- Choose the company you work with or are walking with
- If you don’t see your company listed, contact leah.vinton@heart.org to set up the company

➔ JOIN A TEAM

- Click “Join a Team”
- Select if you fundraised with the AHA before by selecting YES or NO.
If you select, “YES” you will be prompted to enter your password, if forgot your password from before, a password reset can be sent
- Select your company and search for your team
- Click “Join” to sign up as a member of that team

➔ JOIN AS INDIVIDUAL

- Click “Join as Individual” if you wish to register for the walk independently
- Select if you fundraised with the AHA before by selecting YES or NO.
If you select, “YES” you will be prompted to enter your password, if forgot your password from before, a password reset can be sent

- 4 Set your personal goal and make an impact by making your personal GIFT
- 5 Fill out your contact and preference information
- 6 If new to the AHA, create your username and password
- 7 You will see a confirmation page, then click continue to start fundraising!

@ The Fundraising Center you can Customize your personal page by uploading a photo | share your WHY | Send emails to friends and family to ask for their support | Post to social networks inviting your friends to donate